Myself

Girl or Boy, Four or Five, Older or Younger; we are all special and unique! What do you like to do? Where do you feel safe and happy? Who is in your family? How have you changed? It's time to meet new friends and learn about our amazing bodies.

Power words (key vocabulary)

Family	The people that care for us and love us.
Community	People we often spend time with or live near to us.
Excited	Feeling very happy and full of energy.
Nervous	Feeling worried or unsure.
Similar(ity)	looking or being almost, but not exactly, the same
Different	Not the same.
Trust	To believe that someone is good and honest and will not hurt you or your feelings.

Facts about Ourselves.

We grow from a baby, to a toddler, to a pre-schooler, to a school age child, to a teenager and finally to an adult.

We have five senses: taste, smell, hearing, sight and touch.

A 4-5 year old needs 11 to 11½ hrs sleep. (NHS)

4-5 year old children should have 3 active hours a day. (NHS)

Do any of these story character's remind you of yourself?

Titch. Pat Hutchings
Once there were Giants. Martin Waddell
Can't You sleep Little Bear? Martin Waddell
I don't Want to go to Bed! Julie Sykes
Oliver's Fruit Salad. Vivian French
Oliver's Vegetables Vivian French

KNOWLEDGE ORGANISER AUTUMN TERM 1b

How much have you grown?

This term we will use inspiring books to reflect and learn about ourselves. We will focus on our wellbeing, families and our health.

We acknowledge that following COVID and the transition into a new setting the children will require time and space with special care and love.

The role -play corner will be a home corner where the children can recreate experiences of being at home and feel safe and secure in a familiar environment.

We will celebrate the uniqueness of ourselves and each other. We will look at our features and create images of faces in different ways. We will think about the people in our lives and who is special to us. Who is in our family, where we live and what we like to do? Understanding that families come in different shapes and sizes!

We will learn more about our bodies and how they work, using our 5 senses. We will talk about our feelings and recognise the feelings of others. We will learn about what our bodies need to be happy and healthy and the changes that happen as we grow from a baby to a 5 year old.

Wickhambreaux Church of England School