

A Suggested Home-School Learning Timetable

Top Home Learning Tips:

- Find a space for everyone to call their own 'workspace' - even if it's just a particular corner of the kitchen table. Have something there, like a sign or a favourite photo to mark it as yours when you're working there
- Try to keep timings and daytime routines as similar to when you are all getting up and going off to school.
- Some children may find getting dressed into their school uniform for the 'home-school' day ahead, can help them focus on school stuff and know when to 'switch-off' at the end of it when they change out of their uniform.
- Try to get outside at least once a day everyday, for fresh air, much needed exercise and a complete change of scenery.
- Please feel free to adjust timings and suggested activities of this following 'timetable': just use as a guide to suit how things work best for you and your child. This is designed to be printed out and completed each day - this way it's the timetable that's 'telling' them to work, not you!

This is _____'s Home-School Learning Timetable		
Daily Timetable Plan for:		(please write in today's date)
Time	Activity	Other ideas
9.30-10am	<p>Log in to your Teams/Distance Learning Platform to see what work your teacher may have set or if anything has been marked/ returned with comments etc</p> <p>Plan what you're going to tackle today. <u>List any details here:</u></p>	<p>If any problems signing in or understanding the tasks set, please contact your class teacher on their DL e mail accounts (see School website for addresses) or dhelp@wickhambreauxcecp.school.onmicrosoft.com</p> <p>although please bear in mind that we are still in school teaching those children who are on-site, so our responses may be delayed. We will try to reply as soon as we can :-)</p>
10-11am	<p>Start your first online learning tasks</p> <p><u>Fill in details here:</u></p>	
11-11.15am	<p>Break time!</p> <p>Do 10 Star jumps/Squat-thrusts and then have a drink and possibly a snack (a healthy one of course!)</p> <p>Do this away from your 'workspace' - maybe outdoors in the garden on on the frontdoorstep to see what's going on outside</p>	<p>Take 1 minute to just close your eyes and notice what different sounds you can hear and can you notice what the air smells like?</p>
11.15-12.15pm	<p>Back to work!</p> <p>Continue with your online learning</p> <p><u>Details here:</u></p>	

12.15-1pm	<p>Lunchtime</p> <p>Try to eat this away from your workspace and children please help to tidy away afterwards - thank you :-)</p>	
1-1.15pm	<p>Strolltime</p> <p>Take a stroll outside (even if you need a woolly hat, raincoat and wellies) - walk/skip/sprint around the block and see what's going on outside.</p>	(You have a bonus 15 minutes to dry off/warm-up when you get back)
1.30-2pm	<p>Quiet Reading</p> <p>Again away from your workspace - sit and read something challenging</p> <p>(it would be great if parents/carers sat down and enjoyed reading something for themselves too)</p>	<p>Suggested Reading materials:</p> <p>-Your class teacher may have set something for you to read</p> <p>-Find something at home (yours or someone else's)</p> <p>-the Kent Library service offers free e-books to all its members - just follow this link: https://www.kent.gov.uk/leisure-and-community/libraries/ebooks-eaudiobooks-emagazines-enewspapers</p>
2-3pm	<p>Back to work!</p> <p>Continue with your online learning</p> <p><u>Fill in any details here:</u></p>	
3-3.10pm	<p>-Finish up (YIPPEE!) and pack away your workspace, if necessary.</p> <p>-think briefly about what you may start out with on your next home-school learning day</p>	It's really useful to form an idea of what you're going to start the next session with: it makes it easier to get started next time round.
3.10-3.20pm	<p>Get changed out of your uniform and get ready to go off and do something lovely!</p> <p><u>A Few suggested Lovely things to do:</u></p> <ul style="list-style-type: none"> -curl up and read a book -start to write a book! -go for a walk -kick a football around outside -set a new personal record for keepy-uppies -do some baking/cooking -make something crafty -write a letter to a grandparent or aunt/uncle -write a letter to thank your parent/carer for being so lovely in helping you with all of your home-school learning -go outside and collect leaves and twigs that you can dry out to make a collage with -paint/draw a picture -write a diary/Journal entry -go for a run -invent a new recipe -help get dinner ready -play with your pets -make a potato pet -make a wishlist of all the things you'd like to do once lockdown is over -make a special birthday card for a friend or relative who's next to have a birthday -put some music on and dance -put some music on and singalong -play an instrument that you may have laying around -make an instrument and then play it -compose a piece of music or write the lyrics of a song -think of some more lovely things and list them at the bottom of this paper 	