



## **Parent Consultation RSHE Wickambreux CEP School 2020**

Relationship Education, Relationships and Sex Education and Health Education. Formerly PSHE.

# Aims



We want to:

- Explain how we currently teach PSHE and RSE, and get your views on the curriculum and statutory requirements
- Explain the changes to the PHSE and RSE curriculum

# Current PSHE



- Circle time
- Philosophy for Children (P4C)
- Restorative Justice
- Mindfulness
- School Council
- Healthy Schools Initiative
- Drugs awareness, Road safety, First Aid etc
- Discrete lessons on relevant topics

# Context



- These changes were originally expected to come into effect from September 2020 but now all schools are required to comply with the updated requirements by March 2021 due to COVID19.
  - This means that we have been reviewing our PSHE and RSE curriculum and policy so we can be sure our provision is appropriate and in line with DfE guidance for our pupils based on their:
    - -Age
    - -Physical and emotional maturity
    - -Religious and cultural backgrounds
    - -Special educational needs and/or disabilities
  - We need your feedback to help us do this

# New Statutory Requirements

- Provides information on what schools should do and sets out the legal duties with which schools must comply when teaching Relationships Education, Relationships and Sex Education (RSE) and Health Education
- Reflects the “Keeping Children Safe in Education” policy
- Equality Act 2010
- Schools SEND code of Practice; 0-25 years
- British Values and Spiritual Moral Social and Cultural Requirements



## **Relationships Education, Relationships and Sex Education (RSE) and Health Education**

Statutory guidance for governing bodies,  
proprietors, head teachers, principals, senior  
leadership teams, teachers

# Delivering the curriculum



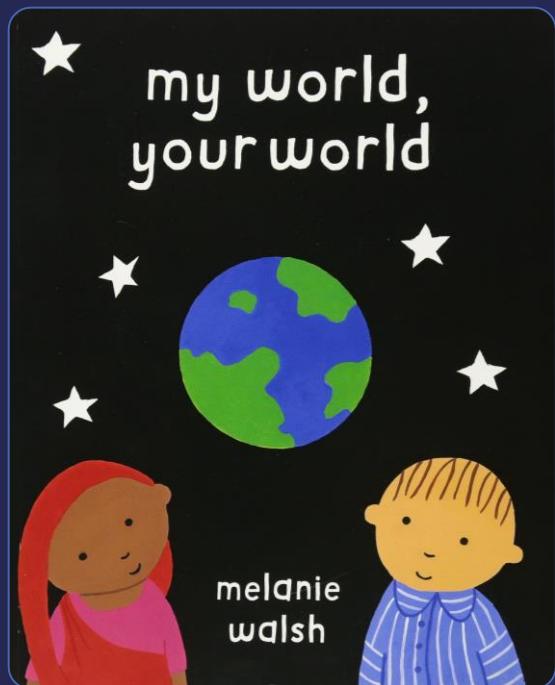
- Build on existing good practice and principles
- Supplement curriculum with core material that ensures that we meet statutory requirements to provide the children with key skills. (JigsawPSHE/ PHSE Association)
- Weekly lessons
- Enrichment days and visits to enhance the curriculum

# What is Jigsaw?



- Whole-school, lesson-a-week scheme of work for PSHE/ Health and wellbeing.
- It consists of lesson plans, all the teaching resources, Jigsaw Friends (one for each year group), Jigsaw Chimes and Jigsaw Jerrie Cats.
- It covers all the statutory requirements for Relationships, Sex and Health Education, and much more.

# Being Me In My World



○ **Being Me In My World** covers a wide range of topics, including a sense of belonging, welcoming others and being part of a school community, a wider community, and a global community; it also looks at children's rights and responsibilities, working and socialising with others, and pupil voice.

# Celebrating Difference

○ **Celebrating Difference** focuses on similarities and differences and teaches about diversity, such as disability, racism, power, friendships, and conflict; children learn to accept everyone's right to 'difference', and most year groups explore the concept of 'normality'. Anti-bullying, including cyber and homophobic bullying, is an important aspect of this Puzzle.

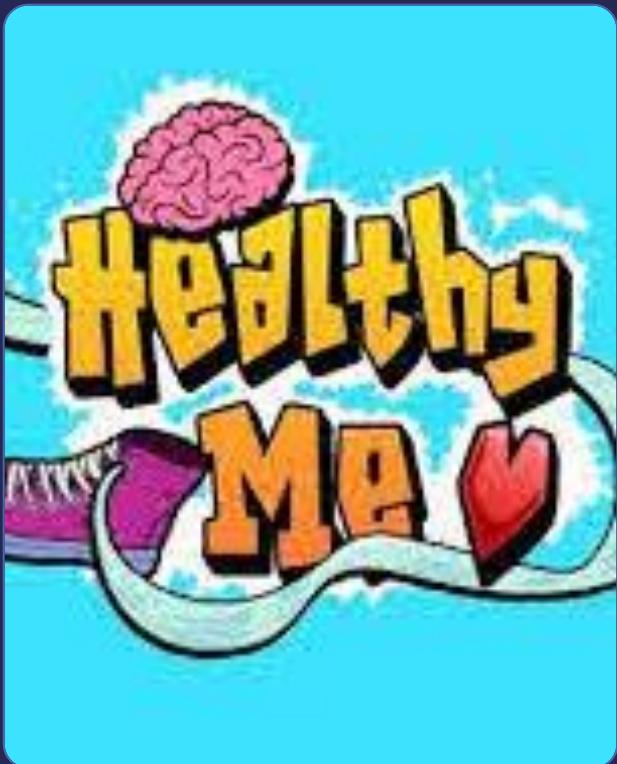


# Dreams and Goals



○ **Dreams and Goals** aims to help children think about their hopes and dreams, their goals for success, what their personal strengths are, and how to overcome challenges, using team-work skills and tasks. There is also a focus on enterprise and fundraising. Children learn about experiencing and managing feelings of pride, ambition, disappointment, success; and they get to share their aspirations, the dreams and goals of others in different cultures/countries, and their dreams for their community and the world.

# Healthy Me



○ **Healthy Me** covers two main areas of health:

Emotional/mental health (relaxation, being safe, friendships, mental health skills, body image, relationships with food, managing stress) and Physical health (eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe, first aid). Most of the statutory content for Health Education (DfE) is contained within this Puzzle.

# Relationships



○ **Relationships** starts with building a respectful relationship with one's self and covers topics including families, friendships, pets and animals, and love and loss. A vital part of this Puzzle is about safeguarding and keeping children safe; this links to online safety and social networking. Children learn how to deal with conflict, build assertiveness skills, and identify their own strengths and strategies for building self-esteem and resilience. They explore roles and responsibilities in families and friendship groups, and consider stereotypes.

# Changing Me



○ **Changing Me** deals with change of many types, from growing from young to old, becoming a teenager, assertiveness, puberty, self-respect and safeguarding. Each year group thinks about looking ahead, moving year groups or the transition to secondary school and how to cope positively with such changes. In addition it looks at the physical changes that children experience. Jigsaw has produced a separate leaflet explaining the approach taken with Relationships and Sex Education, this has been provided to you on ParentMail.

# Relationships and Sex Education



- Relationship education is interwoven throughout the Jigsaw curriculum and focuses on developing healthy friendships and relationships that address antibullying and acceptance of individual differences both online and in person.
- Science Education covers the changes that children experience at age appropriate milestones. These include the understanding of growing up from a baby to old age, physical body changes, including dental changes.
- Aspects of Sex Education are covered in the Changing Me Puzzle in the summer term of each year group.

# Safeguarding and Wellbeing



- RSHE at Wickambreux emphasis, is to equip our children with life skills that enable them to be resilient, empowered individuals.
- Provide them with the knowledge to respect others through understanding.
- Above all safeguard their wellbeing through providing age appropriate knowledge that is inline with professional advice. A programme of awareness enables children to have a voice, should they encounter a situation which compromises their physical and emotional wellbeing.

# Parent Views

- Thank you for your time and consideration of the material presented.
- If you would like to share your views or have any further questions, please complete the comment box on the relevant ParentMail.

